Catalyst Youth Summit is organised by young people for young people, and is open to all young people from refugee or migrant backgrounds aged 18 to 25 living in Western Australia. The aim of the summit is to bring multicultural young people together to discuss issues important to them, create solutions, and directly express their opinions to politicians and other decision makers. The three-day summit includes leadership and advocacy trainings; opportunities to hear from inspirational speakers; networking with politicians and decision makers; and forming friendships with other likeminded young people.

For both the 2016 and 2017 summits, the organising committee of 12 young people chose five topics of particular interest to young people from refugee and migrant backgrounds. The 50 summit delegates were then divided into five teams to work on one of these issues and prepare a presentation on their findings. These presentations were made to an audience which included four politicians and 25 key stakeholders. The event reports include a call to action focused on practical actions that each of us can take to help address the issues raised by the young people.